

# Educational & Developmental Intervention Services (EDIS)

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## *What we offer:*

- Free developmental screening and evaluation for children under age 3
- Comprehensive developmental screening at well-child visits with Pediatrics at the Hospital
- Therapeutic intervention for children under 3 who have delays in gross motor, fine motor, self-help, social-emotional, cognition, and/or communication skills
- Services delivered at the EDIS clinic, family home, or at the child's daycare
- Resources for parents and children
- Rotating theme-based community playgroups
- Monthly newsletter

## *Our staff:*

- **Dr. Nancy Barber**, Program Manager and Psychologist
- **Jeff Mullins**, Early Intervention Specialist
- **Cheryl Fishman**, Physical Therapist
- **Jenelle Vella-Burton**, Occupational Therapist
- **Jessica Kavanaugh**, Speech Language Pathologist
- **Conchita Cuvillo**, Secretary

## *Contact us:*

The EDIS Clinic is located in Building 1741 in Las Palmeras Housing at the corner of Alicante and Pontevedra  
Phone: 727-4029

## CDC Developmental Screenings

Do you have any concerns with your child's development? If so, the staff from EDIS and speech therapist from DGF will be offering free developmental screens at the CDC. The screen will look at your child's skills in the areas of communication, motor, cognitive, social/emotional, adaptive/self-help skills. This is a great way to determine if there are any areas of development where your child could use extra support.

Information:

**Who:** EDIS staff and speech therapist from DGF

**What:** Developmental screen for children 0-5 years of age.

**Where:** The Child Development Center on base

**When:** Tuesday, October 6 and Wednesday, October 7 from 9-11:30 am.

**How:** Notify the CDC staff and complete a permission form.

**Why:** To assess your child's development.



Screen early. Developmental checkups help your child learn and grow.

## EDIS News

EDIS will not be hosting a formal play group for the month of October. Instead, we will participate in the Trunk-Or-Treat event on Friday, October 30 at 5:00pm at the drive in theater. There will be games and treats for families and

kids of all ages. Please stop by and meet the EDIS team dressed as the Avengers! We look forward to seeing new and familiar faces! Happy Halloween!

Trunk or Treating: 6-7  
Costume Contest: 7-8pm



Pumpkin Patch  
Live Music  
Drive in movie: after dark

## Caring for your Newborn: It's All About the Head

You come home, and you're newly in love with your bundle of joy. You have information overload and numerous appointments to keep track of.

The one thing I would like to share with you is the importance of the positioning of your angel's head. It seems obvious, but there are many times and opportunities throughout the day where you can promote your baby's development through their head position, or that it can become a problem...

- When picking your newborn up from the floor, the crib, out of the car seat, their heads must be supported.



developing neck strength and head control. Additionally, tummy time (while awake, alert&supervised) is important for strengthening the shoulders, arms and upper back. Try starting with tummy time on your chest Mom and Dad!

easy to keep your baby in the car seat from the car to snap to their stroller to nap in and spend the day. Many times in the car seat your baby will lean to one side. Too much time in this asymmetrical



position is not good for

growth and alignment.

- Your baby's mouth, eyes and head are connected. Watch your newborn during feeding. Whether bottle- or breast-fed,



- Play in the middle. This encourages eye contact, awareness of the middle for postural alignment, bringing hands together and hands to mouth.
- From the very beginning, tummy time is extremely important in

- Be aware of your baby's preferences. Carry your baby on both sides. This is good for both baby and parent. Change your baby from both sides of the changing table. Switch arms/sides while feeding your baby. This will ensure that your baby learns to turn their head to either side and not get stuck on one side helping to prevent torticollis (a condition where the neck is tilted and turned to one side).
- Remember, car seats are for the car only. In this busy world, it is

note how baby searches for the nipple with their eyes while opening their mouth, and you may even note how their chin tucks and their neck lengthens to feed.



## Community Opportunities for Children with Autism/Disabilities

Looking for a fun opportunity for your child to learn, be around other children and experience the water in the pool or at the beach? Asociacion Solo Surf was created in Cadiz in hopes to find a unique and recreational opportunity for a boy with autism. This program has grown, and



offers an opportunity for children with autism or disabilities to participate in swimming and surfing activities with a focus on promoting social skills and overall development in a positive environment. For more information, check out the website: <http://www.asociacionsolosurf.com/>